

Vicarious Trauma: Emphasizing trust & connection Thursday, December 14th, 2023

Start: 1:00 PM ET **End:** 3:45 PM ET

Instructors: Andrew Spiers, LSW & Ryan Villagran, LSW

Populations challenged by substance use, homelessness, and mental health concerns experience trauma at high rates. As a result of the empathic engagement necessary to practice harm reduction at the intersection of these experiences in Housing First settings, helping professionals can expect to experience vicarious trauma. Vicarious trauma decreases the quality of services provided by limiting the ability to support connection and build trust. Providers and organizations must have the ability to identify signs and symptoms of vicarious trauma, and execute concrete strategies to improve client outcomes. In this session, attendees will explore the negative impacts of vicarious trauma in Housing First work, and develop skills to mitigate poor clinical outcomes.

Learning objectives:

When attendees return to the workplace, they will be able to:

- Define the scope of vicarious trauma in a Housing First setting.
- Recognize mistrust and negative treatment outcomes as negative impacts of vicarious trauma on service delivery.
- Practice connectedness as a way to understand the prevalence of vicarious trauma.

Target Audience: Social service providers and helping professionals with direct client contact, and their supervisors.

Course Delivery Format: Live webinar

Interactivity: This course will offer real-time polling, group discussion prompts, break-out groups, and 15 minutes of Q&A time.

Social Work Practice Level: This course is appropriate for beginner and intermediate BSW/MSW learners.

Social Work Credit Hours Offered: 2.5 clinical CE credits*

Fees: \$30 general registration; additional \$5 for registration with social work CE credit

Registration includes access to the live event and recording, PDF of slides, and relevant training tip sheets/resources.

To register, please submit payment to: <https://go.housingfirstuniversity.org/VT1214>

Upon receipt of payment, attendees will receive a receipt via email with the link to finalize their course registration with Zoom. Information for accessing the live webinar will then be sent directly from Zoom.

Registration deadline: Individuals may register up until the start time of the event.

**Housing First University, a program of Pathways to Housing PA, can provide continuing education credits to licensed social workers in 48 of the 50 U.S. states and 10 Canadian provinces. Due to current regulations, CE credits cannot be offered to social workers in the states of New Jersey or New York. If you are not a Licensed Social Worker, please check with your board of accreditation to ensure this training meets your licensing needs.*

Course completion requirements: Attendees must attend the entirety of the virtual session with system video and audio enabled to participate and respond to all poll questions and activities. Certificates will be distributed to participants via email within two weeks of the course's conclusion. Attendees must complete a course evaluation within 48 hours via Google Forms to receive a certificate. Course evaluation links will be distributed during the session and via email immediately following the training. Individuals must attend the live webinar in order to receive a certificate of completion.

System requirements: Webinar participants must have access to a computer, tablet, or smartphone with high speed Internet, microphone, speakers, webcam, and a (free) Zoom video conferencing account.

Session Facilitators:



Andrew Spiers, LSW (he/him), is the Director of Training and Technical Assistance for Pathways to Housing PA's Housing First University. Andrew joined Pathways in early 2018 and served as an Assistant Team Leader and Team Leader before launching Housing First University in October 2019. Andrew holds a Master of Social Service from Bryn Mawr College's Graduate School of Social Work and Social Research, where he concentrated in Community Practice, Policy, & Advocacy. He has taught Human Services and Sociology courses as an adjunct professor at Harcum College and conducted trainings and workshops all over the country on Housing First, harm reduction, and affirming care for LGBTQ+ communities.



Ryan Villagran, LSW (they/them) joined Housing First University in June 2021 as a Training Specialist. Ryan holds a Master of Social Work from Temple University with a concentration in Communities & Policy. Their clinical background includes delivering psychiatric rehabilitation services in the mental health recovery model at a Community Integrated Recovery Center. Ryan also developed and coordinated a training program in a university setting for social workers serving transitional-aged youth and later taught a Human Behavior in the Social Environment course for graduate social work students. Ryan is involved in organizing efforts around ending mass incarceration and believes in the power of our collective imagination to dream of a better future centered around the most vulnerable members of our community.

Schedule	
12:45-1:00 PM	Virtual training room opens
1:00-1:10 PM	Welcome, introductions, & check-in
1:10-1:30 PM	Recognizing signs and symptoms of vicarious trauma
1:30-1:45 PM	Vicarious trauma self-assessment
1:45-2:05 PM	Understanding the impact of vicarious trauma
2:05-2:15 PM	Break
2:15-2:45 PM	Terms, definitions, and core concepts
2:45-3:05 PM	Managing vicarious trauma
3:05-3:30 PM	Interventions & break-out groups
3:30-3:45 PM	Review, Q&A

For questions or concerns, please contact: Andrew Spiers, LSW
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Housing First University
aspiers@pthpa.org
(215) 390-1500, ext. 1708

To request an accessibility accommodation, please email:
training@pthpa.org



ACE approval statement: Housing First University: a program of Pathways to Housing PA, provider #1759, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 01/12/2022 – 01/12/2025. Social workers completing this course receive 2.5 clinical continuing education credits.

Accreditation information: <https://bit.ly/3RqW360>

Grievance policy: <https://bit.ly/3ewu4U5>

Security policy: <https://bit.ly/3x4qiro>

Cancellation & refund policy: <https://bit.ly/3Ui7QFM>



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