

Crisis Intervention & De-escalation

Wednesday, October 25th, 2023

Start: 1:00 PM ET **End:** 3:15 PM ET

Instructors: Khalil Martin, LSW & Ryan Villagran, LSW

In this session, presenters will provide an introduction to crisis management and strategies for effective de-escalation of clients experiencing acute mental health distress. Content will address common physical, psychological, and environmental factors precipitating the onset of crisis and provide intervention strategies for intervening at various points along the crisis wave. Attendees will be invited to reflect on difficult experiences in the workplace and understand the importance of self-awareness and self-reflection when facing clients in crisis. Facilitators will also provide resources for dealing with crisis scenarios beyond the scope of the agency's abilities.

Learning objectives: When attendees return to the workplace, they will be able to:

- Describe the Thoughts-Feelings-Actions cycle
- Identify precipitating factors to the onset of crises
- Differentiate de-escalation/intervention strategies for stages on the crisis wave

Target Audience: Social service providers and helping professionals with direct client contact, and their supervisors.

Course Delivery Format: Live webinar

Interactivity: This course will offer real-time polling, group discussion prompts, and 15 minutes of Q&A time.

Social Work Practice Level: This course is appropriate for beginner and intermediate BSW/MSW learners.

Social Work Credit Hours Offered: 2 clinical CE credits*

Fees: \$25 general registration; additional \$5 for registration with social work CE credit

Registration includes access to the live event and recording, PDF of slides, and relevant training tip sheets/resources.

To register, please submit payment to: <https://go.housingfirstuniversity.org/crisis1025>

Upon receipt of payment, attendees will receive a receipt via email with the link to finalize their course registration with Zoom. Information for accessing the live webinar will then be sent directly from Zoom.

Registration deadline: None. Individuals may register up until the start time of the event.

**Housing First University, a program of Pathways to Housing PA, can provide continuing education credits to licensed social workers in 48 of the 50 U.S. states and 10 Canadian provinces. Due to current regulations, CE credits cannot be offered to social workers in the states of New Jersey or New York. If you are not a Licensed Social Worker, please check with your board of accreditation to ensure this training meets your licensing needs.*

Course completion requirements: Attendees must attend the entirety of the virtual session with system video and audio enabled to participate and respond to all poll questions and activities. Certificates will be distributed to participants via email within two weeks of the course's conclusion. Attendees must complete a course evaluation within 48 hours via Google Forms to receive a certificate. Course evaluation links will be distributed during the session and via email immediately following the training. Individuals must attend the live webinar in order to receive a certificate of completion.

System requirements: Webinar participants must have access to a computer, tablet, or smartphone with high speed Internet, microphone, speakers, webcam, and a (free) Zoom video conferencing account.

Session Facilitators:



Khalil Martin, MSW, LSW (he/him), joined Pathways to Housing PA in 2021 and served in a clinical leadership role on an ACT team for individuals with Opioid Use Disorder before joining Housing First University as a Training Specialist in January 2023. Prior to this, Khalil worked as a Behavioral Health Therapist at runaway & homeless youth shelters throughout the tri-state area, as well as with Project HOME, where he assisted in the creation of the Gloria Casarez Residence- the first permanent supportive housing for LGBTQ+ young adults in Pennsylvania. Drawing from principles of feminist theory, Khalil uses a strength-based and person-centered approach to assist individuals in understanding and navigating various forms of oppression and how these systems impact one's personal and interpersonal experiences. Khalil received his Master's degree in clinical social work from The University of Pennsylvania.



Ryan Villagran, LSW (they/them) joined Housing First University in June 2021 as a Training Specialist. Ryan holds a Master of Social Work from Temple University with a concentration in Communities & Policy. Their clinical background includes delivering psychiatric rehabilitation services in the mental health recovery model at a Community Integrated Recovery Center. Ryan also developed and coordinated a training program in a university setting for social workers serving transitional-aged youth and later taught a Human Behavior in the Social Environment course for graduate social work students. Ryan is involved in organizing efforts around ending mass incarceration and believes in the power of our collective imagination to dream of a better future centered around the most vulnerable members of our community.

Schedule	
12:45-1:00 PM	Virtual training room opens
1:00-1:10 PM	Welcome, introductions, check-in activity
1:10-1:40 PM	The what & why of crisis
1:40-2:05 PM	Preparing ourselves to manage crises
2:05-2:15 PM	Break
2:15-2:45 PM	The crisis wave & de-escalation
2:45-3:00 PM	Endings & follow-up
3:00-3:15 PM	Closing remarks, Q&A

For questions or concerns, please contact: Andrew Spiers, LSW
Continuing Education Director,
Housing First University
aspiers@pthpa.org
(215) 390-1500, ext. 1708

To request an accessibility accommodation, please email:
training@pthpa.org



ACE approval statement: Housing First University: a program of Pathways to Housing PA, provider #1759, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 01/12/2022 – 01/12/2025. Social workers completing this course receive 2 clinical continuing education credits.

Accreditation information: <https://bit.ly/3RqW360>

Grievance policy: <https://bit.ly/3ewu4U5>

Security policy: <https://bit.ly/3x4qiro>

Cancellation & refund policy: <https://bit.ly/3Ui7QFM>

