

Crisis Intervention & De-escalation Wednesday, May 24th, 2023

Start: 1:30 PM ET **End:** 3:45 PM ET

Instructors: Khalil Martin, LSW & Ryan Villagran, LSW

In this session, presenters will provide an introduction to crisis management and strategies for effective de-escalation of clients experiencing acute mental health distress. Content will address common physical, psychological, and environmental factors precipitating the onset of crisis and provide intervention strategies for low and medium stress cycles to prevent further escalation. Attendees will be invited to reflect on difficult experiences in the workplace and understand the importance of self-awareness and self-reflection when facing clients in crisis. Facilitators will also provide resources for dealing with crisis scenarios beyond the scope of the agency's abilities.

Learning objectives:

When attendees return to the workplace, they will be able to:

- Describe the Thoughts-Feelings-Actions cycle
- Identify precipitating factors to the onset of crises
- Differentiate de-escalation/intervention strategies for low, medium, and high tension scenarios

Target Audience: Social service providers and helping professionals with direct client contact.

Course Delivery Format: Live webinar

Interactivity: This course will offer real-time polling, group discussion prompts, and 15 minutes of Q&A time.

Social Work Practice Level: This course is appropriate for beginner and intermediate BSW/MSW learners.

Social Work Credit Hours Offered: 2 CE credits*

Fees: \$20 general registration; additional \$5 for registration with social work CE credit

Registration includes access to the live event and recording, PDF of slides, and relevant training tip sheets/resources.

To register, please submit payment to: <https://bit.ly/429BbWz>

Upon receipt of payment, attendees will receive a receipt via email with the link to finalize their course registration with Zoom. Information for accessing the live webinar will then be sent directly from Zoom.

Registration deadline: Individuals may register up until the start time of the event.

**Housing First University, a program of Pathways to Housing PA, can provide continuing education credits to licensed social workers in 48 of the 50 U.S. states and 10 Canadian provinces. Due to current regulations, CE credits cannot be offered to social workers in the states of New Jersey or New York. If you are not a Licensed Social Worker, please check with your board of accreditation to ensure this training meets your licensing needs.*

Course completion requirements: Attendees must attend the entirety of the virtual session with system video/audio enabled to participate, and respond to all poll questions and activities. Certificates will be distributed to participants via email within two weeks of the course date. Attendees must complete a course evaluation via Google Forms within 48 hours of the course's conclusion in order to receive a certificate and any continuing education credit. Course evaluation links will be distributed during the session via chat and immediately following the training via email. Individuals must attend the live webinar in order to receive a certificate of completion and any continuing education credit.

System requirements: Webinar participants must have access to a computer, tablet, or smart phone with high speed Internet, microphone, speakers, webcam, and a (free) Zoom video conferencing account.

Session Facilitators:



Khalil Martin, MSW, LSW (he/him), joined Pathways to Housing PA in 2021 and currently works as a Team Leader on an ACT team for individuals with Opioid Use Disorder. Before this, Khalil worked as a Behavioral Health Therapist at runaway & homeless youth shelters throughout the tri-state area. Khalil also worked for Project HOME and assisted in the creation of the Gloria Casarez Residence which is the first permanent supportive housing for LGBTQ+ young adults in Pennsylvania. Drawing from principles of feminist theory, Khalil uses a strength-based and person-centered approach to assist individuals in understanding and navigating various forms of oppression and how these systems impact one's personal and interpersonal experiences. Khalil received his Master's degree in clinical social work from The University of Pennsylvania.



Ryan Villagran, LSW joined Housing First University in June 2021 as a Training Specialist. Ryan holds a Master of Social Work from Temple University with a concentration in Communities & Policy. His clinical background includes delivering psychiatric rehabilitation services in the mental health recovery model at a Community Integrated Recovery Center. Ryan also developed and coordinated a training program in a university setting for social workers serving transitional-aged youth and later taught a Human Behavior in the Social Environment course for graduate social work students. Ryan is involved in organizing efforts around ending mass incarceration and believes in the power of our collective imagination to dream of a better future centered around the most vulnerable members of our community.

Schedule	
1:15-1:30 PM	Virtual training room opens
1:30-1:40 PM	Welcome, introductions, & check-in activity
1:40-2:10 PM	The what & why of crisis
2:10-2:30 PM	Preparing ourselves to manage crises
2:30-2:35 PM	Break
2:35-3:00 PM	Tension cycles & de-escalation
3:00-3:25 PM	Endings & follow-up
3:20-3:45 PM	Closing remarks, Q&A

For questions or concerns, contact:

Andrew Spiers, LSW
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 Housing First University
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 (215) 390-1500, ext. 1708

To request an accessibility accommodation, please email:
training@pthpa.org



ACE approval statement: Housing First University: a program of Pathways to Housing PA, provider #1759, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 01/12/2022 – 01/12/2025. Social workers completing this course receive 2 clinical continuing education credits.

Accreditation information: <https://bit.ly/3RqW360>

Grievance policy: <https://bit.ly/3ewu4U5>

Security policy: <https://bit.ly/3x4qiro>

Cancellation & refund policy: <https://bit.ly/3Ui7QFM>



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