

# Promoting Behavioral Health and Wellness in LGBTQ+ Communities Tuesday, June 21st, 2022 Start: 2:00 PM ET End: 4:15 PM ET Instructors: Andrew Spiers, LSW & Erica Smith M.Ed

LGBTQ+ individuals don't need "friendly" service providers, they need competent service providers! In honor of Pride month this June, Housing First University is partnering with award-winning sex educator, Erica Smith, to offer some of the most fundemental information you need to provide the comprehensive, affirming, and relevant care your LGBTQ+ service recipients deserve. Attendees will learn about current terminology, identity development timelines, and variations in the LGBTQ+ experience from an intersectional perspective. The latter half of the presentation will include more in-depth discussion of the social disparities, political issues, and barriers to care impacting the health and wellness of LGBTQ+ communities. Presenters will also provide guidance for LGBTQ+ sensitive practices, as well as strategies for interrupting homophobia, transphobia, and microaggressions among co-workers and program participants. Interaction and questions are welcomed throughout the presentation.

#### Learning Objectives:

When attendees return to the workplace, they will be able to:

- Demonstrate basic competency with use of modern LGBTQ+ terminology, including pronouns
- Name at least three reasons why LGBTQ+ individuals are at increased risk for poor health and social outcomes
- Name at least three actionable strategies to make your service provision more LGBTQ+ affirming

Target Audience: Social service providers and helping professionals with direct client contact, clinical supervisors, agency administrators, policymakers, and anyone seeking to gain a greater understanding of LGBTQ+ communities. Social Work Practice Level: This course is appropriate for intermediate BSW/ MSW learners.

<u>Content Level</u>: This course covers intermediate level material.

Course Delivery Format: Live webinar Interactivity: This course will offer 15 minutes of Q&A time, as well as real-time polling, and group discussion prompts.

Credit hours offered: 2\*

<u>Fees:</u> \$20 general registration; additional \$5 for registration with LSW/LCSW CE credit.

Registration includes access to the live event and recording, PDF of slides, and relevant training tip sheets/resources.

### To register, please submit payment to: https://bit.ly/3wFALbA

Upon submission of payment, attendees will receive a receipt via email with the link to finalize their course registration with Zoom. Information for accessing the live webinar will then be sent directly from Zoom.

**<u>Registration deadline:</u>** Individuals may register up until the start time of the event.

\*Due to current regulations, CE credits cannot be offered to social workers in the states of New Jersey or New York. If you are not a Licensed Social Worker, please check with your board of accreditation to ensure this training meets your licensing needs.

**Course completion requirements:** Attendees must attend the entirety of the virtual session with system video and audio enabled to participate and respond to all poll questions and activities. Certificates will be distributed to participants via email within two weeks of the course's conclusion. Attendees must complete a course evaluation via Google Forms to receive a certificate. Course evaluation links will be distributed during the session and via email immediately following the training. Individuals must attend the live webinar in order to receive a certificate of completion.

**System requirements:** Webinar participants must have to access to a computer, tablet, or smart phone with high speed Internet, microphone, speakers, and a (free) Zoom video conferencing account.

## Session Facilitators:



Andrew Spiers, LSW, is the Director of Training and Technical Assistance for Pathways to Housing PA's Housing First University. Andrew joined Pathways in early 2018 and served as an Assistant Team Leader and Team Leader before launching Housing First University in October 2019. Andrew holds a Master of Social Service from Bryn Mawr College's Graduate School of Social Work and Social Research, where he concentrated in Community Practice, Policy, & Advocacy. He has taught Human Services and Sociology courses as an adjunct professor at Harcum College and conducted training and workshops all over the country on Housing First, harm reduction, and affirming care for LGBTQ+ communities.

Schedule	
1:45 - 2:00 PM	Virtual training room opens
2:00 - 2:15 PM	Welcome, introductions, and check-in activity
2: <mark>1</mark> 5 - 2:40 PM	Terminology Identity development
2:40 - 3:05 PM	Trans identities Pronouns
3:05 - 3:10 PM	Break
3:10 - 3:50 PM	Systemic barriers Affirming practices
3:50 - 4:15 PM	Review & closing remarks Q&A



Erica Smith, M.Ed. is an award winning and nationally recognized sexuality educator with over 20 years of experience. She received her BA in Women's Studies from Penn State University and a Master of Education from Widener University's Center for Human Sexuality Studies. For 18 years, Erica provided comprehensive sex education, HIV prevention services, and supportive services to young women and LGBTQ+ youth detained in Philadelphia's juvenile justice system and child welfare system as part of the Children's Hospital of Philadelphia's Adolescent Initiative. She has also supported transgender youth and their families since 2002. Erica's areas of expertise are LGBTQ+ issues, adolescent sexuality and sexual health, and the sexual health needs of justice-involved youth.

## For questions or concerns, please contact: Andrew Spiers, LSW

Continuing Education Director, Housing First University aspiers@pthpa.org (215) 390-1500, ext. 1708

For accessibility accommodations, please email: training@pthpa.org



ACE approval statement: Housing First University: a program of Pathways to Housing PA, #1759, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Housing First University: a program of Pathways to Housing PA maintains responsibility for this course. ACE provider approval period: 1/12/2022-1/12/2025. Social workers completing this course receive 2 social and cultural competence continuing education credits.

