

Fundamentals of Suicide Prevention

Thursday, February 24, 2022

Start: 12:00 PM EST End: 1:00 PM EST

Instructors: Andrew Spiers, LSW & Ryan Villagran, MSW

Suicide is a major public health issue contributing heavily to the most common causes of death across multiple populations. However, suicide is preventable. This 1-hour training will offer a standardized approach that can be adapted to a range of settings for the prevention of suicide. Highlighting the importance of basing suicide prevention on culturally responsive approaches, this session will share best practices related to specific cultural groups who are at increased risk for suicide.

Learning objectives

When attendees return to the workplace, they will be able to:

- Identify risk and protective factors for suicide and understand the difference between risk factors and warning signs
- Describe the recommended standard care elements in a behavioral health outpatient setting
- Identify screening and assessment tools for use in suicide prevention
- Describe the key elements of an effective Safety Planning Intervention

Target Audience:

Social service providers and helping professionals with direct client contact.

Social Work Practice Level: This course is appropriate for beginner, intermediate, and advanced BSW/ MSW learners.

Content Level: This course covers beginner and intermediate level material.

Course Delivery Format: Live webinar

Interactivity: This course will offer 10 minutes of Q&A time, as well as real-time polling, and group discussion prompts.

Credit hours offered: 1 credit*

Fees: \$20 general registration; additional \$5 for registration with LSW/LCSW CE credit

Registration includes access to the live event and recording, PDF of slides, and relevant training tip sheets/resources.

To register, please submit payment to: <https://bit.ly/3JllbBI>

Attendees will then receive an email receipt with a link to finalize their course registration via Zoom. Information for accessing the live webinar session will be sent directly from Zoom upon registration.

Registration deadline: Individuals may register up until the start time of the event.

**Housing First University, a program of Pathways to Housing PA, can provide continuing education credits to PA Certification Board credentialed professionals and licensed social workers in 48 of the 50 U.S. states and all 13 Canadian provinces. Due to current regulations, CE credits cannot be offered to social workers in the states of New Jersey or New York. If you are not a Licensed Social Worker, please check with your board of accreditation to ensure this training meets your licensing needs.*

Course completion requirements: Attendees must attend the entirety of the virtual session with system video and audio enabled to participate and respond to all poll questions and activities. Certificates will be distributed to participants via email within two weeks of the course's conclusion. Attendees must complete a course evaluation via Google Forms to receive a certificate. Course evaluation links will be distributed during the session and via email immediately following the training. Individuals must attend the live webinar in order to receive a certificate of completion.

System requirements: Webinar participants must have access to a computer, tablet, or smartphone with high speed Internet, microphone, speakers, and a Zoom video conferencing account.

Session Facilitators:



Ryan Villagran, MSW joined Housing First University in June 2021 as a Training Specialist. Ryan holds a Master of Social Work from Temple University with a concentration in Communities & Policy. His clinical background includes delivering psychiatric rehabilitation services in the mental health recovery model at a Community Integrated Recovery Center. Ryan also developed and coordinated a training program in a university setting for social workers serving transitional-aged youth and later taught a Human Behavior in the Social Environment course for graduate social work students. In addition to his professional social work, Ryan is involved in organizing efforts around ending mass incarceration and believes in the power of our collective imagination to dream of a better future centered around the most vulnerable members of our community.



Andrew Spiers, LSW, is the Director of Training and Technical Assistance for Pathways to Housing PA's Housing First University. Andrew joined Pathways in early 2018 and served as an Assistant Team Leader and Team Leader before launching Housing First University in October 2019. Andrew holds a Master of Social Service from Bryn Mawr College's Graduate School of Social Work and Social Research, where he concentrated in Community Practice, Policy, & Advocacy. He has taught Human Services and Sociology courses as an adjunct professor at Harcum College and conducted trainings and workshops all over the country on Housing First, harm reduction, and affirming care for LGBTQ+ communities.

Schedule	
12:00-12:05 PM	Welcome & introductions
12:05-12:20 PM	Scope of the problem; risk and protective factors; cultural responsiveness; warning signs
12:20-12:40 PM	Standard Care Elements; assessment tools; safety planning
12:40-12:50 PM	Treatment modalities; Do's & Don'ts
12:50-1:00 PM	Q&A

For questions, concerns, or accessibility accommodations, please contact: Andrew Spiers, LSW
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PCB Approved for 1 hour. Provider Status Agreement #629.
Valid through 01/15/2023.



ACE approval statement: Housing First University: a program of Pathways to Housing PA, #1759, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Housing First University: a program of Pathways to Housing PA maintains responsibility for this course. ACE provider approval period: 1/12/2022-1/12/2025. Social workers completing this course receive 1 continuing education credit.



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