



Items needed for emergency meal kits

- Individually wrapped baked goods – muffins, bagels, etc.
- Fresh fruit – bananas, apples, oranges, etc.
- Single serving juices – apple, orange, etc.
- Granola bars
- Single serving chips or pretzels
- Single serving trail mix
- Water bottles
- Individually wrapped candy bars
- Loaves of whole wheat bread
- Single serving mayo and mustard packets
- Sandwich-sized Ziploc bags
- Saran Wrap
- Sturdy paper bags